

## The Women's Health Coalition advocates for:

- ◇ Improving availability and awareness of healthy lifestyle choices
- ◇ Facilitation of health screening in collaboration with community partners
- ◇ Promoting exercise as a prevention and management tool against chronic diseases such as obesity, diabetes, high blood pressure, heart disease and many cancers.

## Coos County Women's Health Coalition

Meetings are held  
the third Wednesday  
of each month at noon.

Come join us at the  
Bay Area Hospital Community  
Health & Education Center

**For more information  
contact any participating  
agency or**

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## Coos County Women's Health Coalition

Promoting a  
Healthy Active  
Lifestyle for  
the Women of  
Coos County

## History of the Women's Health Coalition

The Women's Health Coalition was formed in the early 1990s from a networking of community organizations with a common concern for women's health and a belief that healthy, empowered women are the key to a healthy community.

The Zonta Club of the Coos Bay Area played a key role in the coalition's formation with its goal to impact breast cancer awareness and create breast cancer screening opportunities for women who lack adequate medical care resources.

In recent years the coalition's programs have included such topics as menopause, osteoporosis, teen health, pregnancy prevention, female incontinence, and heart disease. Our current focus is to promote a healthy **active** lifestyle for women.

## Mission Statement

To promote women's health by providing information, teaching skills, fostering a health-oriented attitude, and facilitating screenings and follow up opportunities.

## Current Projects

- ◇ Building a Healthy Walking Habit
- ◇ Participation in local health fairs
- ◇ 10,000 Steps A Day
- ◇ Financial assistance for transportation during treatment for breast cancer patients

## Women's Health Coalition Members

Bay Area Hospital

Coos County Public Health  
Department

DOCS

North Bend Medical Center

Serenity Lanes

South Coast Radiology

Southern Coos  
Health District

Waterfall Community  
Health Center

Women's Safety &  
Resource Center

The Zonta Club of  
the Coos Bay Area